



The Spring
center for natural medicine

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Dear Friends,

Did you know that a disease process may well be underway by the time it shows up in a blood test? The bloodstream is maintained in a very specific balance and the body will take whatever bio-chemicals it needs from the body to keep it stable. This makes the blood a good measurer for more advanced disease processes, but a very poor indicator of disease in the making.

Research shows that saliva testing is a more accurate assessment of hormonal activity and facilitates the diagnosis of hormone imbalances better than blood tests.

Hair analysis is an intracellular test or biopsy. A hair test is unique in that it is a window into the internal environment of the soft tissue and an early stage disease detection test. It shows how nutritional imbalances can cause and nutritional balancing can cure most disease processes.

In my practice I am offering these tests along with my analysis of the results to help you overcome hormonal and health imbalances which cause weight gain, insomnia, depression, blood sugar problems, lack of energy, etc. Call me today for an appointment so we can work together to get you on the road to a healthier, happier life!

Sincerely,

Elke

(512) 445-7373 or email elke@knissmedical.com

Saliva Tests

Saliva is an extra-cellular fluid. It contains detectable amounts of various kinds of antibodies as well as free or unbound hormones. Saliva testing has been in use for several decades and its accuracy is well established. Since saliva measures are free of physiologically active hormone levels, it is usually a more accurate assessment of hormonal activity. In general, saliva testing facilitates the diagnosis of a condition at an earlier stage than blood tests, often by months or even years.

Hair Tests - Mineral Analysis

The hair test is unique in that it is a window into the internal environment of soft tissue. Doctors have found an intimate relationship between mineral patterns and hormone activity at the cellular level. Basically, hormones control minerals and minerals control hormones. The hair test does not measure actual hormone levels. Instead, it indicates the physiological activity of the hormones in the cells. Therefore, the hair test is a window into the disease process in the making.

For more information on these tests go to: KnissMedical.com

Got Belly Fat? Having Trouble Losing Weight? Attend a Free Seminar and Find Out Why!

If diet and exercise are not working, your problem might not be what you are doing - but more of what your hormones are NOT doing.

Find out which body type you are: Thyroid, Adrenal, Ovary or Liver. Learn how HORMONES can affect weight.

Each body shape requires different solutions. **Most people are attempting to solve their weight problem without ever knowing the real cause.** Before YOU jump to the next solution-diet, diet pill, or exercise program, learn about the missing step and get an understanding of WHY you have stubborn weight in the first place.

CALL NOW!

**Next seminar is Tuesday, May 13th, 7PM. Please RSVP by May 10.
512 445-7373 or email elke@knissmedical.com**

Testimonial

I met with Elke awhile back regarding a few different issues. Between her knowledge and her expertise in kinesiology, she was able to determine exactly the root of these issues.. rather than doing what most Dr's would do, she helped me come up with a plan to PREVENT these dis-eases to continue... Western medicine teaches us to "put a bandaid" on the problem whereas Dr. Kniss gets to the root of it.. She is such a caring and kind person, and simply just knows what she's talking about. I highly recommend her to anyone looking to speak with someone about anything having to do with the health of the human body... be it mind, body, spirit, Elke will be able to help you.

for more testimonials go to <http://austin.citysearch.com/review/37377745>